

## **"State funded monopolies are bad for everyone."**

The problem with any state funded monopoly is the more money you pour into it, the more useless it gets. Then as time goes by, you are held to ransom and have to stand in long queues in order to access costly and ineffective services. If you get fed up with their pathetic offering, and decide to go private, then they will simply abandon you – you will get no more help for trying to help yourself. People in the NHS and the government support putting people on drugs like NRT, Zyban and Champix for 12 weeks, which only deal with the physical side of the addiction, totally ignoring the fact that over 95% of the addiction is mental. They also support putting people on anti-depressants for years (which can reduce your life expectancy by up to 40% according to new research). If these drugs don't kill you, then you could become depressed, or fat, or both. Eventually, you may end up 2-5 stone heavier and a nervous wreck and go back to smoking cigarettes, but by that time the GP, the stop smoking counsellor, the pharmacist and the drug companies would have milked millions of pounds from scarce public funds for a totally useless and ineffective service.

They spend £300 per smoker to help them quit smoking, so with a success rate of only 10%, they spend £3,000 for every person who successfully quits smoking for a 2-4 weeks (their long term figures are unscientific and totally useless). Yet they will not pay the private sector £300, who will not only get people to quit smoking as easy as pie, with no side effects (weight gain or depression), but will also look after them for a year at no extra cost. It costs just about the same amount of money to get rid of depression, but they would rather spend £100,000 keeping a person on anti-depressants for years or for life. It gets even worse when you look at the way they treat things like cancer – all developed countries have a better success rate than the UK.

Yet you can obtain inexpensive and extremely effective treatments from health clinics outside the NHS. In 1-2h (not 6-12 weeks), you can overcome virtually any addiction under the sun from cigarettes to cannabis to alcohol to cocaine to crack to anti-depressants to every other addiction imaginable. It also takes us 5-days to get someone off heroin, whereas it takes the government years – they also have no figures of how long people stay in remission either. We also get rid of depression just as quickly and just as effectively (2-10h) – you do not need to take 'stupid' anti-depressants for life. However, that would make just far too much sense. The government and the NHS do not work on common sense; ignorance is the order of the day.

The other problem with state monopolies like the NHS is that there is no incentive to change. So they continue with bizarre things that beggar belief. When every university study has indicated that anti-depressants have not demonstrated a single cure, can double the suicide rate, and are extremely addictive, they ignore the advice and continue to prescribe them. When study after study has demonstrated that statins are extremely dangerous, provide no benefit, they still continue to hand them out like smarties. They also ignore their own publications that show that most anti-hypertensive drugs actually increase blood pressure rather than reducing it – all anti-hypertensive's increase blood pressure in the long run according to the World Health Organisation (WHO). They ignore study after study showing safe and effective drug-free cancer treatments with success rates of over 75-95% and continue with surgery; chemotherapy and radiation, with a success of just 4% (just think about how many people they must have needlessly slaughtered over the last 80 years or so). Rather than be open minded and learn about these new breakthroughs, they continue to poison, mutilate and kill people all the time. If that was bad not enough, they have also surrounded themselves with a huge bureaucracy and influenced the law to such an extent that if you speak out, you go to jail. Bevin said, 'I have won the consultants over; I have stuffed their faces with gold'. If only he knew that to this day, we are still having to stuff their greedy faces with gold. We have given birth to a huge monster (NHS) that devours national resources like no tomorrow.

In five years while the Labour Government was in office, they asked all of us to tighten our belts and accept pay increases which were less than the rate of inflation, while at the same time; they increased the GPs pay by over 58%. They thought that by keeping the doctors happy, will mean better patient services – what a mistake, it's only lead to better holidays and bigger cars for the doctors. A locum doctor earns about £100 per hour, but the agency sending him earns about £150 per hour. So if a locum doctor works just 20h a week then that would have cost the NHS some £3,000, or over £150,000 per year. All this money for just sitting in a chair, prescribing dangerous and ineffective drugs all day long, something a good trained ape can undertake with very little training.

A doctor in Bradford worked for over 40 years in the NHS, and became so respected in the Asian community that he was almost revered like a deity. Then he fell out with his wife, who told the authorities that he had no medical training and held a fake degree from Pakistan. He was struck off and sent to jail. No, you do not need the intellect of a genius to do the work of a GP these days. I think Jeffery

Archer could have pulled this off with his eyes closed. Prescribing useless drugs is a no-brainer - anyone can learn to do that over time.

The WDDTY said that GPs are now paid more than ever before, for doing very little. Let's hope and pray that they get paid even more, so they can stop working all together, that way, we can all enjoy a better quality of health. Are you now beginning to understand why state monopolies are bad for us?

If our governments were not stupid, they would have given private enterprise a chance to flourish, but instead, they have replaced the wealth creating private enterprise with service industry (such as the NHS) and in the process have put [Britain in to a £4.8 Trillion debt](#). If everyone in the UK had to sell their houses, we could still not raise enough money to pay for the mess the politicians have dropped us in. They have also created an unfair playing field between the public and the private sector. The public sector pensions are secured and index linked (our children will have to pay for these), but those of us in the private sector are encouraged to take out private pensions. The government then allow the banks to [steal up to 80% of our pensions](#) over their lifetime.

This criminal and wilful discrimination and destruction of private enterprise, including our manufacturing base, will short-change every one of us over time. Every year, the national debit goes up, even after the so called cuts imposed by the current government. With the birth rate dropping, there are not going to be enough young working people in the next generation to pay for the public pensions, let alone pay off the national debit. This mindless destruction of the private enterprise (the real wealth creators), and replacing it with more and more public sector jobs, will bankrupt this country one day. The only way out of this quagmire is to create a fairer playing field between private and public sector. We in the private enterprise, should be allowed breathe and flourish, rather than to suffocate us to death.

A Robin Hood mentality simply does not work - for every job you create in the public sector (by robbing the private sector), destroys a job in the (already hard pressed) private sector - eventually, you kill the goose that lays the golden egg. When the private sector dies, the public sector dies by default, and the economy dies with it. The Labour Government sold off half of the gold reserves of the UK Central Bank – hang on a moment, the countries wealth is measured by the amount of gold it holds and not by the number of bonds it holds. They also started to print money (this cheats everyone by devaluing the currency) so they can spend

their way out of the recession, which is just about as daft as the politics of this country can get.

The labour government have a huge problem with private enterprise making a profit. So in the year 2000 they decided to impose a law on the car industry – all cars will be sold at fleet prices. Overnight, they had brought the British car manufacturing to its knees. The Labour Government, like the unions, can cripple ‘giants’ like Ford, they can even destroy entire enterprises, but they cannot create a single real job. Remember when the US government was scurrying around trying to save their stupid banks, but would not allocate a single dollar to save their car industry when it got into trouble. This mentality, where the real wealth creators are just allowed to lay down and die, is not just confined to the UK. Thank God, people in Germany, Japan and China have risen about this stupid mentality, reaping enormous benefits, while those of us who chose to live in the past will continue to pay for their lack of foresight.

Even in a communist state like China the state spending only accounts for about 30% and the private sector supporting the state accounts for 70%. Yet in Britain, the state accounts for 60-75% and the private sector that supports it, accounts for 40-25% (this is different in various parts of the UK). Now who did you call a commie?

Edward Deming, a statistician from the USA, totally altered the fortunes of Japan after the First World War. He introduced the kaizen principle – continuous and incremental improvements towards perfection. Yet in the USA they ignored these ideas until it was too late. Their lack of foresight had cost them billions in lost revenue.

During the first Opium War (1839-43), the British government colonized Hong Kong in 1841. Over time it established a free-enterprise economy in the colony and turned it into a trading centre in Asia. This hand off approach has proved so successful that when Hong Kong was handed over to China, they saw a good thing and copied the model throughout China. This idea was the brainchild of a Scotsman, so it’s even more of a pity they did not apply it at home to save our own economy.

Why do we export wonderful ideas abroad, but fail to implement them at home? If they had implemented the kaizen principle, then every sector of economy would have benefited including the NHS. A lot of the things the NHS can get away with at the moment would have been relegated to the graveyard of worthless and

useless ideas of the past. About 80% of their drugs, method and procedures would be discredited overnight and replaced by extremely safe, inexpensive and drug free alternatives instead. This would have saved the NHS billions of pounds, but moreover would have also saved countless lives. Instead, we have created a horrible monster that devours national resources with reckless abandon. The problem is that we have all been given the illusion of a wonderful state funded health system, so when everyone else feels the pinch, the NHS is spared the financial pain.

If we had also implemented the 'hands off' approach followed by Hong Kong then we too would be a dynamic, thriving economy, the pride and joy of the world like it used by 80 years ago. For now, we have to put up with runaway state spending that will finally drop us in big bottomless pit from which there will be no escape.

Now do you understand why state monopolies like the NHS are bad for us?

Shokat 16<sup>th</sup> January 2011